Community builder - elevens or wink murder.

<u>4 zones reminder - Can you remember the four zones of regulation?</u> How are you getting on in deciding which zone you are in throughout the day?

<u>Scenarios</u> - Choose a scenario from the sheet. Read it out to your group. Which zone would you go in? Take hands up. Children can explain which zone they would be in. Ask them is they can share reasons why they might be in that zone?

(See scenario sheet)

<u>Prayer</u>

School prayer