

PSHE CURRICULUM GUIDANCE

“Nothing is impossible. The word itself says, ‘I’m possible!’”

Audrey Hepburn

Intent

At St. Andrew's Primary school, we believe that all children will be lifelong learners with the confidence and ability to develop their skills and understanding when having new experiences, meeting new challenges and finding themselves in unfamiliar situations. Jigsaw, the mindful approach to PSHE, is a progressive and spiral scheme of learning. Through weekly lessons, we are enabling our children to become independent, confident, healthy, caring and responsible members of society as well as developing them morally, socially and spiritually. Through using the Jigsaw programme, Nurture and core values, the children will acquire the skills they need to manage their lives now and in the future. Their learning now is a legacy for their future. Together they develop the qualities and attributes children need to thrive as individuals, family members and members of the wider community. With an ever-changing society, we are able to provide our children with a strong understanding of the diverse world around them, the struggles people face as well as give them the courage and support that they need to face the challenges of the world.

Jigsaw holds children at its heart and its cohesive vision helps children understand and value how they fit into and contribute to the world. With strong emphasis on emotional literacy, building resilience and nurturing mental and physical health, Jigsaw 3-11 properly equips schools to deliver engaging and relevant PSHE within a whole-school approach. Jigsaw lessons also include mindfulness allowing children to advance their emotional awareness, concentration, focus and self-regulation.



“Love challenges, be intrigued by mistakes, enjoy effort and keep on learning.”

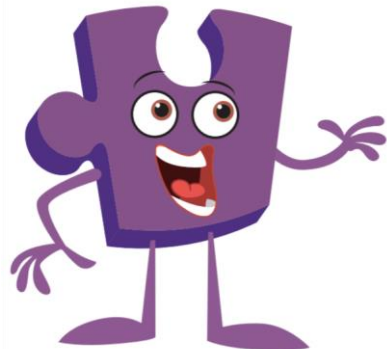
Carol Dweck

Implementation

At St. Andrew’s we follow the Jigsaw scheme of work. Through its carefully designed lessons, the children are equipped with relevant and meaningful content, which is supported through a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health. Skills and knowledge are built on year-by-year and sequenced appropriately to maximise learning for all children. The scheme is split into 6 units of work (puzzle pieces):

- Being me in my world
- Celebrating difference
- Dreams and Goals
- Healthy Me
- Relationships
- Changing Me

The spiral knowledge and skills progression within all six puzzle pieces including the key vocabulary used in each year group; explicit links to the DfE statutory Relationships and Health Education outcomes have been made in each Puzzle. Jigsaw sessions are taught through a nurturing learning environment where we encourage mutual respect, responsibility and foster self-esteem in a happy and caring atmosphere.



“Carry out a random act of kindness, with no expectation of reward, safe in the knowledge that one day someone might do the same for you.”

Princess Dianna

Impact

By the time the children leave St Andrew's they will:

- Have a ready willingness and ability to try new things.
- Push themselves and persevere.
- Have a good understanding of how to stay safe, healthy and develop good relationships.
- Have an appreciation of what it means to be a positive member of a diverse society.
- Have a strong self-awareness with compassion for others.

