



St. Andrew's Newsletter 16 2025

No: 16 || Monday 12th May 2025



National Nurturing
School Award
2025

Christian Value



This term's Christian value is Service. Please see this term's Values newsletter for more details.



We have some exciting news to share regarding an outside classroom that will go onto the field. The plans have been drawn and we are just awaiting confirmation of the delivery date. The hope is that it might be fitted in time that our current Eagle crew will be able to use it before the leave at the end of the academic year! Fingers crossed!

This week it is mental health week. Mrs Mayo, our pastoral leader, has shared activities with the classteachers that can be accessed throughout the week. This year, the theme of "Community" celebrates the incredible power and impact that communities can have on our mental health and wellbeing.

Supporting children and young people to better protect and nurture their mental health is more important than ever. Being part of a safe, positive community is vital for our mental health and wellbeing. We thrive when we have strong connections with other people and supportive communities that remind us, we are not alone. Communities like school, football club, music or drama group, and a friendship group can provide a sense of belonging, safety, and support in hard times and give us a sense of purpose.

This directory provides a place for children and young people, their families and professionals to get quick, easy and direct access to up-to-date mental health and wellbeing information in North Somerset, including:

<https://bnssghealthiertogether.org.uk/library/north-somerset-mental-health-and-wellbeing-directory-services-children-and-young-people/>

There are many other services and lines of support available. Please speak to Mrs Mayo in confidence if you would like more advice.

This Friday we will be asking pupils to dress up as an animal. This is in support of the charity that the children voted for collectively themselves. The children picked the World Wildlife Fund. To support their whole school fundraising efforts, please could you support by bringing in donations alongside them dressing up.

Fran Martin

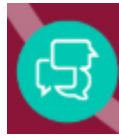


Nurture UK Principles

2. Nurture principle- Language is a vital means of communication

St Andrews 'Child talk': We have words to communicate our feelings and ideas.

At St Andrews, we use the Zones of regulation to help children have the words to express how they are feeling. There are 4 zones which are as follows-



Naming my feelings

	Blue	Green	Yellow	Red
My feelings				
	Sad Tired Poorly Bored Lonely Sluggish Withdrawn Negative Dejected Pessimistic	Happy Calm Proud Positive Focussed Relaxed Content Fulfilled Hopeful Optimistic	Worried Excited Silly Nervous Frustrated Loss of some control Anxious Fearful Irritated Annoyed	Overexcited Angry Scared Panicked Devastated Out of control Overwhelmed Explosive Furious

Children are given the opportunity daily to share how they are feeling and are encouraged to move their names throughout the day as their feelings changed. As a school we are now working on giving the children the tools to move between the zones so that they are able to be in the right place for learning. Alerting strategies for the blue zone may be activities such as getting outdoors, exercise, doing something that you enjoy and yoga. Calming strategies may be activities such as breathing exercises, fidget toys, play-dough and colouring. Many children will need help and support to co-regulate their emotions before they are able to self-regulate.

Key messages we promote at school in regards to the zones of regulation-

- Everyone experiences all of the zones at times
- All feelings are valid- "It's ok to be angry, it is what we do when we are angry that matters."
- All zones are valid and none are better or worse than others. There are no bad zones.
- Being in the green zone is not better but just means we are able to function effectively and learn

- We don't use the zones to condemn behaviour but use them to recognise and name feelings
- We show children how to regulate their emotions, not shame the behaviour
- We don't assume children know how to do things e.g calm down so we model and support them through this

We Love Reading!



Fantastic First Poems is a great introduction to poetry for young children, featuring fun, rhythmic, and easy-to-understand verses. It helps develop a love for language, creativity, and self-expression in an engaging and accessible way.

Pupils that have gone above and beyond



Celebration Worship

Celebration Worship 25th April

Robin Crew - Whole class

Kingfisher Crew - Zach, Kian

Jay Crew - Delilah, Louie

Owl Crew - Lottie, Mia

Kestrel Crew - Ivy, Alfie

Falcon Crew - Codie, Archer

Eagle Crew - Hollie, Mattias

Celebration worship 2nd May

Robin Crew - Teddy, Rihanna

Kingfisher Crew - Theodora, Arthur

Jay Crew - Ellis, Zach

Owl Crew - Elise, James

Kestrel Crew - William

Falcon Crew - Ella, Natalia

Eagle Crew - Callum, Ralph



Top Table

Top Table 2nd May

Robin Crew - Muizah

Kingfisher Crew - Ivy

Jay Crew - Edward H

Owl Crew - Willow

Kestrel Crew - Ivy

Falcon Crew - Reuben

Attendance for this academic year so far

Attendance for this academic year to 09 May 2025

EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
92.27%	96.64%	95.93%	97.46%	91.42%	95.10%	95.62%

Community News

Community Communication
Preschool

Before & After
School Care

HALF TERM MATCHBOX CHALLENGE

How much can you fit into a
matchbox?

HOW IT WORKS:

£2 PER ENTRY - COLLECT A BOX FROM PRESCHOOL (SCHOOL HALL)

- CHILDREN ARE GIVEN A STANDARD-SIZED EMPTY MATCHBOX, WHICH THEY MAY DECORATE.
- THE GOAL IS TO FILL THE MATCHBOX WITH THE MOST UNIQUE ITEMS OVER THE HALF TERM BREAK, WHETHER IT'S NATURAL ITEMS FROM THE GARDEN, SMALL TOYS, OR ANYTHING THAT FITS.
- ENTRIES TO BE HANDED IN ON TUESDAY 3RD JUNE 2025
- THE MATCHBOX CONTAINING THE MOST ITEMS WINS THE PRIZE!

PRIZE = £25 ONE4ALL GIFT CARD

TAKE 5 – FRIDAY 16 MAY
CANCELLATION



**APOLOGIES, BUT DUE TO
LACK OF VOLUNTEERS, IT
WILL NOT BE POSSIBLE TO
RUN TAKE 5 ON THIS DATE.
NORMAL SERVICE WILL
RESUME THE FOLLOWING
WEEK!**



AI Lab

Inspiring the next generation of AI innovators

Build a smart face detector

In this hands-on workshop series, children will take their first steps into the world of Artificial Intelligence (AI) and explore how machines learn.

Suitable for children aged 9 - 13 years old.

<https://codingbug.co.uk/ai-lab/>



WHERE

Yatton Library
BS49 4HJ

WHEN

Saturday 17th May 2025
From 10:00am - 12:30pm

codingbug.co.uk/ai-lab/

Email: info@codingbug.co.uk or call 07909226520



 facebook.com/codingbug/

Play Junior Cricket in Congresbury



New players welcome!



Training starts Tuesday 22nd April

- U9s (school years 3 and 4) - Tuesdays 5:30–6:30pm
- U11s, U13s - Tuesdays 6:30–8pm

Email: congresburyccinfo@gmail.com

Follow us!





MAY HOLIDAY CAMPS!

4 DAYS OF FOOTBALL FUN AT NAILSEA SCHOOL
TUESDAY 27TH - FRIDAY 30TH MAY

Year 1 - Year 8 (9:00am - 3:30pm) Reception (9:00am - 1:00pm)

STRIKER DAY FRIDAY

FRIDAY 30TH MAY

PUMA CAMP DAYS

TUESDAY 27TH & FRIDAY 30TH MAY



£23 per day | Discounted multi-day tickets | Early drop-offs available

Book online: www.priorityfootball.co.uk/holidaycamps

Pete@priorityfootball.co.uk | 01275 261 004 | Nailsea School

**NORTH SOMERSET
ATHLETIC CLUB**

ATHLETICS FUNDAYS!

**PROFESSIONAL COACHING WITH ALL
ABILITIES WELCOME FROM AGES 8 - 12**



**England Athletics
Coach & Club of the Year!**



inspiring the next generation of athletes...

PLAY SOFTBALL CRICKET in Congresbury



- Somerset softball 20 over league
- Training Fridays - 5:45 - 7pm
- Fun tournaments
- All abilities welcome

Contact Captain, Aimee Short aimee.e.short@gmail.com



Great
socials
and lots of
fun!

DIG FOR VICTORY FRIDAY NIGHT THEATRE EXCLUSIVE!



STEP BACK IN TIME AT THE DIG FOR VICTORY SHOW!
13-15 JUNE | NORTH SOMERSET SHOWGROUND

JOIN US FOR A CRACKING WEEKEND OF 1940S NOSTALGIA AT THE DIG FOR VICTORY SHOW – A FAMILY-FRIENDLY FESTIVAL PACKED WITH WARTIME SPIRIT! EXPECT A BRILLIANT MIX OF WW2 VEHICLES, LIVE RE-ENACTMENTS, VINTAGE STALLS, HISTORY TALKS, FAIRGROUND RIDES, SWING DANCE LESSONS, AND TOE-TAPPING MUSIC GALORE.

SPECIAL FRIDAY NIGHT PERFORMANCE – ONE EVACUEE
WE'RE THRILLED TO WELCOME THE AWARD-WINNING CLEVEDON SCHOOL MUSICAL THEATRE FOR A MOVING PERFORMANCE OF ONE EVACUEE, BASED ON PLAYWRIGHT MARK WHEELER'S MOTHER'S REAL-LIFE EXPERIENCE DURING OPERATION PIED PIPER.

◆ THIS IS A TICKETED EVENT WITH LIMITED AVAILABILITY.
YOUR TICKET INCLUDES ENTRY TO THE SHOWGROUND ON FRIDAY 13TH JUNE.

DOORS: 5:00PM

SHOW: 6:00-8:00PM (WITH INTERMISSION)

STAY AND ENJOY THE 1940S VIBES 'TIL MIDNIGHT!

TUCK INTO TASTY GRUB FROM OUR FOOD STALLS AND GRAB A PINT AT THE VICTORY MARQUEE BAR.
IT'S SET TO BE A PROPER GOOD KNEES-UP!

LIMITED TICKETS AVAILABLE. FRIDAY 13TH JUNE, TICKETS £5
PLEASE SEE WWW.DIGFORVICTORYSHOW.COM FOR MORE INFORMATION.



Live booking
10 June 2025!



HAF NORTH SOMERSET
Holiday
Activities
& Food

[Here is a link to our webpage.](#)

School Calendar Dates

All dates are in Annual Planner previously shared and on our website

Term Dates 2024-2025

Term 1 - Monday 02 September 2024 to Friday 25 October 2024

Term 2 - Monday 04 November 2024 to Friday 20 December 2024

Term 3 - Monday 06 January 2025 to Friday 14 February 2025

Term 4 - Monday 24 February 2025 to Friday 04 April 2025

Term 5 - Tuesday 22 April 2025 to Friday 23 May 2025

Term 6 - Monday 02 June 2025 to Tuesday 22 July 2025

Term Dates 2025 - 2026

Term 1 - Tuesday 02 September 2025 to Friday 24 October 2025

Term 2 - Monday 03 November 2025 to Friday 19 December

Term 3 - Monday 05 January 2026 to Friday 13 February 2026

Term 4 - Monday 23 February 2026 to Thursday 02 April 2026

Term 5 - Monday 20 April 2026 to Friday 22 May 2026

Term 6 - Monday 01 June 2026 to Wednesday 22 July 2026

INSET Days for 2024 – 2025

Friday 14 February 2025

Monday 2 June 2025

INSET days 2025 – 2026

Tuesday 02 September 2025

Wednesday 03 September 2025

Monday 03 November 2025

Friday 16 January 2026

Friday 13 February 2026

Friday 27 March 2026

Upcoming Dates:

SATs Week & SATs Breakfast: Monday 12th – Friday 16th May

Jay Worship to Parents: Monday 12th May @ 2:45pm

Y6 Camp: Monday 19th – Friday 23rd May

PTA BBQ TBC: Friday 23rd May

PTA Mufti Day: Friday 23rd May

Sports Day KS2 – Thursday 19th June @ AM

Sports Day KS1 – Friday 20th June @ AM

Kingfishers Worship to Parents: Monday 23rd June @ 2:45pm

Permission to Play: Friday 4th July

Rocksteady Concert for Parents & KS2: Thursday 17th July

Y6 Leavers Service: Monday 21st July

PTA Mufti Day: Tuesday 22nd July

Contacts

School Facebook Page: <https://www.facebook.com/pages/category/Education-Website/St-Andrews-Primary-School-Congresbury-631401120595092/>

School Office e-mail Address: office@standrewsprimary.org.uk

School Phone Number: 01934 832505