

Menu Nutritional Analysis for AF14 Dive into the Deep Blue Primary Theme Day

Filter



Dishes	4 of 4	Weight (g)	Energy (kcal)	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Fibre (g)	Salt (g)
AF14 Dive into the Deep Blue Primary Theme Day \ Dive into the Deep Blue Primary Theme Day June 25 AF14 Veggie Burger (No Bun), Wedges & Sweetcorn KS1 - Aspens Services		234	286	7.6	0.8	45.9	3.0	7.0	6.0	0.4
			14.3%	10.9%	4.1%	17.7%	3.3%	13.9%	-	7.5%
AF14 Dive into the Deep Blue Primary Theme Day \ Dive into the Deep Blue Primary Theme Day June 25 AF14 Veggie Burger (No Bun), Wedges & Sweetcorn KS2 - Aspens Services		277	323	7.9	0.9	53.5	3.5	8.0	6.8	0.5
			16.2%	11.3%	4.4%	20.6%	3.9%	16.0%	-	7.5%
AF14 Dive into the Deep Blue Primary Theme Day \ Dive into the Deep Blue Primary Theme Day June 25 Chocolate Popcorn Bars AF14 KS1 - Aspens Services		34	130	2.9	1.0	20.9	10.6	2.4	0.9	0.1
			6.5%	4.1%	5.0%	8.0%	11.7%	4.8%	-	1.3%
AF14 Dive into the Deep Blue Primary Theme Day \ Dive into the Deep Blue Primary Theme Day June 25 Chocolate Popcorn Bars AF14 KS2 - Aspens Services		41	156	3.4	1.2	25.1	12.7	2.9	1.0	0.1
			7.8%	4.9%	5.9%	9.6%	14.1%	5.8%	-	1.5%