

Welcome to Year 1 Kingfisher Crew



Mrs Nicola Gee (Mon-Weds)
Mrs Sarah Gilbert (Weds-Fri)

Miss White (Mon-Weds) Mrs Davis (Thurs-Fri)
Mrs Baird Mrs Millard Mrs Midgley Mrs Owen

General Info

- Book bags/backpacks in school every day
- PE bags on pegs – PE Tues and Weds
- Named **water** bottles (water only)
- Coats (named)
- Wellies Forest school- **Terms 4 and 6**
- Communication – Crew page and email
- Please name EVERYTHING!
- If you ever have any questions or queries, or something you would just like to discuss, please come and let us know and we can find a convenient time to talk.
- Our email addresses are on the website.
- Check the crew page on the website for photos and updates.

Our Week

- Different curriculum and expectations to EY's
- PE Days – Tuesday and Wednesday
- Phonics, English and Maths daily
- Group Reading 3x a week (stamp in diary)
- May not hear 1:1 readers every week as we hear them in phonics and group reading.
- Focus handwriting
- RE, Geography History, Science, PSHE, Computing, PE, Art, DT, Music
- Weekly library visit and book club - Friday
- Encourage independence

St Andrew's Primary School Timetable **KINGFISHERS** 2025– 2026 TERM 1

	8:45-8:55	9:00-9:25	9:25 -10.20	10.25-10:45	10:45 - 11:00	11:00 - 12:00	12-1:00	1:00- 1.20	1.20- 1.45	1.45- 2.30	2.30- 3.00	
Monday	Register Change books	Phonics	English	Whole School worship	B R E A K	Maths	L U N C H	Register Check in Minute of listening	Guided reading	RE	Handwriting	
Tuesday	Register Change for PE	NG PPA PE – KHf (8.45-9.45)	Phonics (10-10.25)	Singing Worship		Maths		Register Check in Minute of listening	Guided reading	Science	Handwriting	
Wednesday	Register RFP	Church Worship	Phonics	English		Maths		Register Check in Minute of listening	PE (1.20-2.00)	Guided reading (2.15-2.45) Interventions/1:1 reading		
Thursday	Register Maths activity	Phonics	English	Class Worship or Treehouse Teams		SG PPA JR - Art (11-12)		Register and story	History	Handwriting	Guided reading	
Friday	Register FMS	Phonics	English	Celebration Worship		Maths		Register and story	PSHE Computing	Library and book club	Interventions	

Monday	 Mrs Gee	 Mrs Gee	Reading books changed if read 3 times. Please add book bags to reading books box by the door.
Tuesday P.E	 Mrs Gee	 Mrs Gee	
Wednesday P.E	 Mrs Gilbert	 Mrs Gee	
Thursday	 Mrs Gilbert	 Mrs Gilbert	
Friday	 Mrs Gilbert	 Mrs Gilbert	Library please return books to the library book box by Friday.



English

Focus— Writing a simple sentence with a capital letter, full stop and finger spaces. We will focus on forming each letter correctly.

We are reading "Billy and the beast" by Nadia Shireen and "Dear Zoo" by Rod Campbell this half term.



Maths



Focus— Place value, sorting and counting.

In our maths lessons we will read, write and count numbers to 10, find more than/less than and sort groups of objects. We will also look at how to answer problem solving and reasoning questions.

Science

This half term we will be learning about plants. We will label parts of a plant and find out what plants need to survive. We will investigate wild plants and garden plants and look at the difference between evergreen and deciduous trees.



History

This half term we will be learning about the history of communication. We will explore how technology has changed over time and how it helps people stay in contact with others.



Art



This half term we will be exploring patterns and mark making using a range of media including pencil, chalk and paint. We will explore art in nature, and look at the artist Andy Goldsworthy.



Kingfishers—Term 1

What do plants need to grow?

PSHE



We use Jigsaw in our PSHE lessons. This half term our focus is "Being me in my world".

PE

This half term we will be improving our throwing and catching skills and learning the basic skills of cricket. PE days are Tuesday and Wednesday.



Computing

This half term we will be exploring technology around us and how it helps us.

Reading at home

Books will be changed on a Monday if they have been read three times. Your child will bring home two books each week. Please hear your child read at home as much as possible.

Dates for your diary

Meet the teacher—Wednesday 17th September 2.45pm

RE

This half term we will be exploring what Christians believe God is like.



Reading

Research consistently tells us that children who read for **10 minutes** a day can make **up to a year's additional** progress. It is a **VITAL** life skill.



- Your child will bring home different books each week.
- 2x Phonic books- They read to you. Get into a routine of hearing your child read to you **everyday**. 10mins is fine.
- 1x library book- Reading to your child is just as important. Model reading. Share a love of reading. Read stories to your child whatever their age – make it a special time.
- Support fluency by reading back once your child has sounded out. Model if needed.
- Comprehension is vital- questions about what has happened and the characters' feelings.
- Explain vocabulary and make predictions.
- All reading is great- recipes, magazines, instructions, poems, non-fiction, comic books etc

Can you come in to hear the children read? It makes a HUGE difference



Mystery readers - come and share a story with the class and surprise your child.

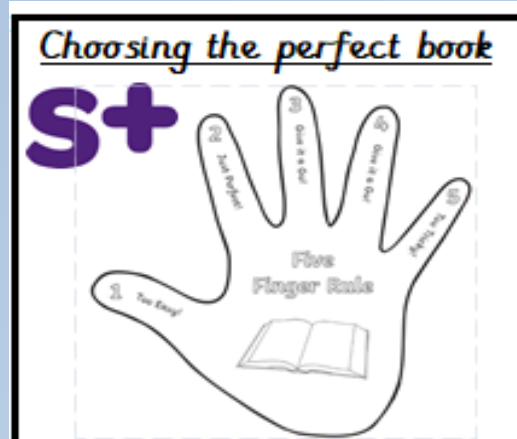
Supporting your child with their reading meeting (Mrs Gilbert)

Wednesday 24th September 2.30-3.15pm

Thursday 25th September 5.00-5.45pm

Book Fair - Friday 3rd October – Wednesday 8th. 3.15-3.45 in the school hall

Five Finger rule



1) Choose a book you would like and read any page.

2) Hold up a finger for every word you find hard to read or do not know the meaning of.

0/1 finger— too easy

2/3 fingers— **Great choice**

4 fingers— Give it a try

5 fingers— too difficult at the moment.



Phonics

- A tool for reading and spelling
- Taught daily
- Unlocking letters and sounds phonics
- Assessment – books matched
- National Phonics Screening in June
- Common exception words
- Reading diaries- CEW's and GPC's
- Book wallets in school everyday.

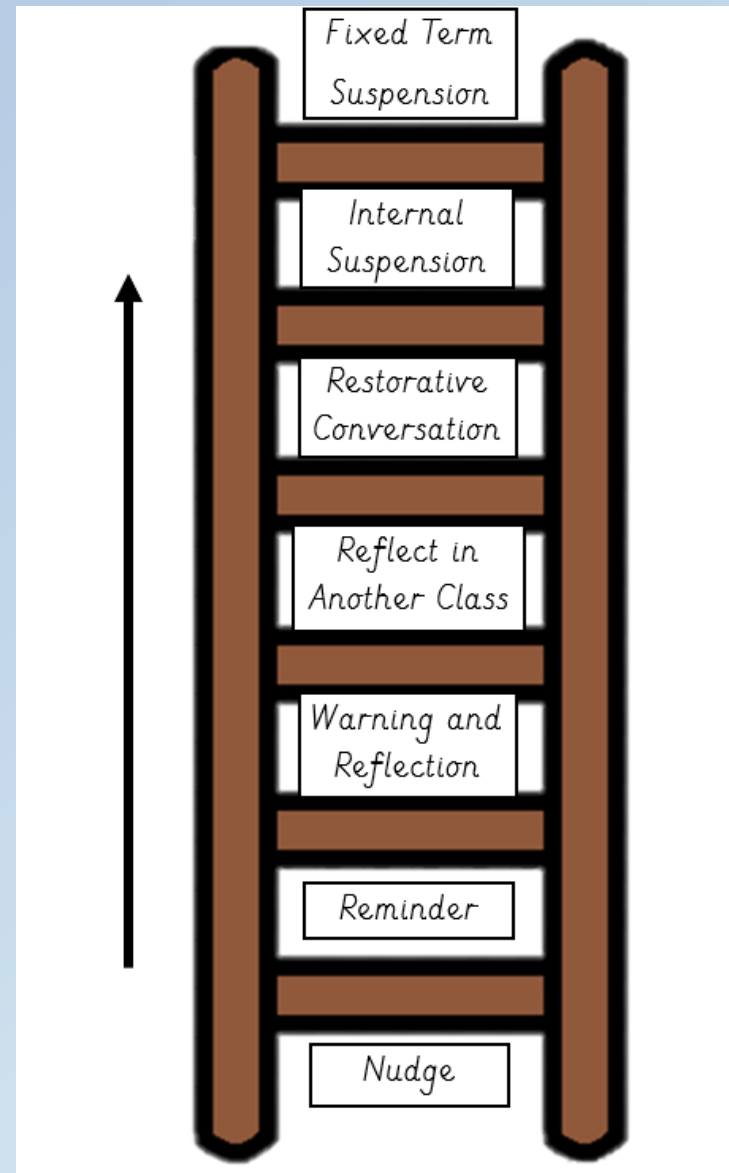
Behaviour



School rules

Recognition board

Class charter



Parent Support

At home

- Reading- LOTS! Supporting fluency.
- Reading and spelling of common exception words
- Number – counting, real life maths e.g. money, shapes, etc... and playing games.
- Number bonds to 20
- Fine motor skills activities
- Using scissors.
- Independence – zipping up coats, shoes etc
- Being on time for school.

How we support your child's mental health and well-being










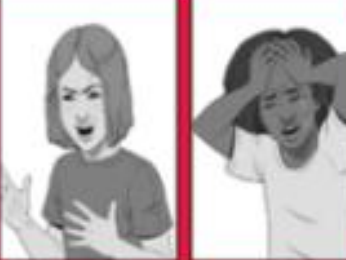
- Nurture UK - 6 principles
- 5 steps to Wellbeing
- Individual support for pupils is available
- Pupils are encouraged to speak to a trusted adult if they have any worries

What do we do to support your child's mental health and well being?

Supporting mental health and well being.

- All our pupils are encouraged to speak to a trusted adult if they have any worries
- Individual support for pupils is available.
- We follow the recommendations of Nurture UK which has replaced Thrive but is very similar.
- Adult team members at St Andrew's have had basic mental health awareness training.

Zones of Regulation

	Blue	Green	Yellow	Red
My feelings	   			
	   			
	<p>Sad Tired Poorly Bored Lonely Sluggish Withdrawn Negative Dejected Pessimistic</p>	<p>Happy Calm Proud Positive Focussed Relaxed Content Fulfilled Hopeful Optimistic</p>	<p>Worried Excited Silly Nervous Frustrated Loss of some control Anxious Fearful Irritated Annoyed</p>	<p>Overexcited Angry Scared Panicked Devastated Out of control Overwhelmed Explosive Furious</p>

<p>What might my body feel like?</p>	<ul style="list-style-type: none"> • Hungry • Heavy • Teary • Tired 	<ul style="list-style-type: none"> • Relaxed • Light • Alert and ready • Calm 	<ul style="list-style-type: none"> • Twitchy • Fidgety • On edge • Skittish • Butterflies in stomach 	<ul style="list-style-type: none"> • Butterflies in stomach • Tense • Clenching fists / lash out • Running away • Freeze
<p>What does this mean?</p>	<p>It can be difficult to engage in any kind of activity when I am feeling like this. Meeting my needs may help to regulate my emotions.</p>	<p>This is a good feeling to be in for many situations especially for learning at school.</p>	<p>It can be difficult to engage in any kind of activity when I am feeling like this. Meeting my needs may help to regulate my emotions. Excitement or silliness can be OK in some situations but not in others such as learning at school.</p>	<p>These emotions mean that they can affect my ability to make good choices. Meeting my needs may help to regulate my emotions.</p>
<p>What can I do to help?</p>	<ul style="list-style-type: none"> • Talk to someone I trust about how I am feeling. • Take a brain break. • Go for a walk. • Take some time out to rest and look after myself. 	<p>Make sure I take regular breaks, drink plenty of water and pay attention to any needs and/or changes in how I am feeling.</p>	<ul style="list-style-type: none"> • Take deep breaths. • Take a brain break. • Go for a walk or do another form of exercise. • Squeeze a stress ball or use a fidget toy. • Draw a picture or do some colouring. • Use the regulation box. 	<ul style="list-style-type: none"> • Stop what I am doing. • Try to remove myself from the situation. • Take deep breaths. • Ask for a longer break. • Find a safe space. • Ask for help or talk to someone you trust.

Parent Teacher Association

S+Andrew's
Primary School
growing together



P.T.A

S+Andrew's
Primary School
growing together



- As teachers we are really grateful for the money which the PTA gives to each class each year to help fund the extra things we do for the children – school trips, visitors, equipment for mental health and play for instance.
- The children all benefit from the improvements PTA money has made to our school environment – our pond, our library and our play equipment.
- Thankyou if you have been part of this. More involvement from more parents is needed - Please consider it - even being part of the whats-app group and helping occasionally makes a big difference.
- Christmas Fair this year - Friday 6th December 4.30 – the biggest fund raiser of the year Jay's parents will have a specific allocated stall /event to run – so hoping many of you will get involved.

Dates for your diary

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- Supporting your child with their reading meeting (Mrs Gilbert)

Wednesday 24th Sept 2.30-3.15pm

Thursday 25th Sept 5-5.45pm

- Book Fair 3.15-4pm Friday 3rd October – Wednesday 8th

- Parents evening

Tuesday 14th October

Thursday 16th October

Handouts / Questions?