



Voice of the Treetops Agenda

Date -16/10/25

1. Community builder

Choice of: get children to vote...

Splat

Wink murder

Switch game

Heads down thumbs up

2. Mental health week

Did everybody know that last Friday was World Mental Health Day?

Mental health is looking after your mental well-- being.

3. Can you remember the five ways to well-being?

Share well being leaflet with group and read examples:

Take notice

Keep learning

Give

Connect

Be active

Share that the Ways to Wellbeing leaflet is in each class for you to use and share.

4. Give

We thought that this week we would focus on one of the ways to well-being, Give.

Give some examples of how you could give (use examples from the leaflet to prompt).

5.

Talk about being kind in the playground and make a kindness pledge for that group (e.g. "We will try to.....") Hand pledges back to Year 6 treetops leaders.

Give out kindness bingo sheets and see how many they can cross of before the next treetop session.

6. Prayer ...

School prayer

This is our school,

Let peace dwell here,

Let the room be full of contentment,

Let love abide here,

*Love of one another,
Love of mankind,
Love of life itself.
Let us remember,
that as many hands build a house
So many hearts build a school.
Amen*