



St. Andrew's Newsletter 06 25/26

No: 05 || Thursday 27th November



National Nurturing
School Award
2025

Christian Value: Compassion



St Andrew's Primary School



Dear Parents / Carers,

We have had a fantastic start to Term 2 so far. Our Robins, Kingfishers and Jay's crews have started preparing for their Christmas Nativity - Hey Ewe. We look forward to sharing this performance with parents and carers next week.

Thank you for the donations that have been sent into the school office for the "Every Child Needs a Christmas" campaign. If you would like to drop in an unwrapped gift this week, we will add it to our collection before distributing it to the charity organisers.

We have had anti bullying ambassadors for several years and recently some of our new ambassadors went to Yatton School for the annual Anti-Bullying Ambassador training. Our school has already earned our Inclusion and Wellbeing badges and we are looking forward to getting our Community badge next.



Should I keep my child off school?

UK Health Security Agency NHS

Should I keep my child off school?

Yes

	Until...
Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek

SCAN ME

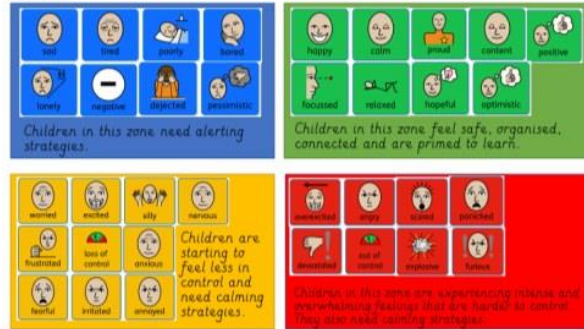
Advice and guidance
To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minifec>.

Nurture Hub Principle- Language a vital means of communication.

St Andrews 'Child talk': We have words to communicate our feelings and ideas.

At St Andrews we use the Zones of regulation to help children have the words to express how they are feeling. There are 4 zones which are as follows-

The Zones



Children are given the opportunity daily to share how they are feeling and are encouraged to move their names throughout the day as their feelings changed. As a school we are now working on giving the children the tools to move between the zones so that they are able to be in the right place for learning. Alerting strategies for the blue zone may be activities such as getting outdoors, exercise, doing something that you enjoy and yoga. Calming strategies may be activities such as breathing exercises, fidget toys, playdough and colouring. Many children will need help and support to co-regulate their emotions before they are able to self-regulate.

Key messages we promote at school in regards to the zones of regulation-

- Everyone experiences all of the zones at times
- All feelings are valid- "It's ok to be angry, it is what we do when we are angry that matters."
- All zones are valid and none are better or worse than others. There are no bad zones.
- Being in the green zone is not better but just means we are able to function effectively and learn
- We don't use the zones to condemn behaviour but use them to recognise and name feelings
- We show children how to regulate their emotions, not shame the behaviour
- We don't assume children know how to do things e.g calm down so we model and support them through this

EYFS and KS1 Nativity - Hey Ewe

All our children and staff are really looking forward to sharing this year's Nativity Production with you 'Hey Ewe'.

Please note there has been a slight amendment to the performance time mentioned in the letter. The timings are

The Wednesday performance will be at 2.15pm (not 2.30pm as stated on the form) and Thursday at 9.15am.

Reminder to please send any costumes to school, in a named bag, by **Tuesday 2nd December**.

Christmas Lunch and Jumper Day - Friday 12th December

We are looking forward to getting into the Christmas spirit and joining in with festive fun. Please make sure you make a selection for your child(ren)'s Christmas Lunch on Friday 12th December via Aspens select.



FOOD FESTIVAL
FESTIVE FUN
12th December 2025

Get ready for a festive feast!
We're serving up a merry meal where joy fills every munch.

ON THE MENU
Roast Turkey & Stuffing
OR
Roasted Vegetable, Cranberry & Cheese Puff Pastry Wreath
With
Roasties, Sticky Chipolata, Christmas Vegetable Medley and Gravy
Rudolph's Nose Cookie
OR
Cinnamon Popcorn
Chocolate Brownie

MAKE YOUR CHOICE
Head to the Select system to register and pick your meal. Don't miss out!
If you have not used the Select system before, please reach out to your school office and get your school and child code before registering.

Don't miss out!
This is a one-day-only festive feast - and you don't want to miss the it!

select.aspens-services.com/



After School Activities

We are looking forward to starting our Yoga Club in Term 2. There are still spaces available. Yoga club will run for 5 sessions starting on 14/1, 21/1, 28/1, 4/2, 11/2.

The deadline to sign up for Yoga Club is Monday 15th December. Spaces will be offered on a first come, first served basis and we will be in touch once the responses have been collected to confirm if your child has a space.

The link to sign up is After School Clubs Terms 2 and 3 – Fill in form¹.

Congresbury Tennis Club

Congresbury Tennis Club would like to extend an offer to children at St Andrew's Primary in years 3-6.

The offer includes 6 weeks of coaching every Wednesday starting on 7th January for £30. Children would be picked up from school at 3:15pm and walked by Tennis Club Coach to the Congresbury Tennis Club. Parents would pick children up directly from the Tennis Club at 4:30pm.

Please be advised that payments, administration and all communications relating to this club will be managed by Congresbury Tennis Club as the provider of this service, not the school. Please also bear in mind that from the moment of pick up by the coach, the children will be

¹<https://forms.office.com/e/df6uKjwf5h>

under the care of the Coach and their safety remains the responsibility of the adult running the club.



**ST ANDREW'S
Primary School
Afterschool
TENNIS CLUB**

CONGRESBURY
TENNIS CLUB

S+

- Run by LTA Accredited & DBS checked tennis coaches!
- Children are picked up from school and walked safely to the tennis club!
- Fun and engaging classes for years 3 and above!
- Pick up at the tennis club after the session finishes!

Information!

STARTS	7 th January 2025
TRIALS	26 th November/10 th December 2024
TIME	3:15pm - 4:30pm
WHERE	Stonewell Drive, BS49 4DW
WHO	For years 3, 4, 5 & 6!
COST	£30 for 6 weeks of coaching!

Contact

Tom Smith
Head Coach at
Congresbury TC

tom@congresburylta.net
07444772701

How to book a trial?

Scan the QR Code or click the link to sign up!



CONGRESBURY
TENNIS CLUB

LTA TENNIS FOR BRITAIN

S+

There is still a free trail session on the 10th December. If you would like to register, please follow the link. <https://clubspark.lta.org.uk/CongresburyLTC/Coaching/Book/7fe576d9-9222-4596-aa2b-8c46338878e3>

PTA St. Andrew's Xmas Fair Friday 12th December

Join us at St. Andrew's primary school for our annual fair including party games, Santa's grotto, refreshments from the bar & canteen, arts & crafts, a superb lego challenge and the chance to win £150 from our fantastic Xmas raffle.

Buy your raffle tickets now to win one of many cash prizes, extravagant hampers and tons of other amazing offerings You can get tickets in advance from the school office or on the night.

Please bring cash for stalls. Bar/canteen accepts cards

Entry £1 for adults, free for kids



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WEMA Holiday Singing Days

WEST OF ENGLAND
MUSIC
AND ARTS

A musical treat for the festive season!

Holiday Singing Days

Two fun and engaging singing days during the Christmas Holidays. One for children in years 3-6, and one for those in years 7 upwards. With WEMA musician, composer and conductor Joe Galuszka.

Monday 22 December: KS2 Singing Day
Tuesday 23 December: Secondary Singing Day

More Information:
wema.org.uk/music-activities-and-workshops

Holiday, Activity and Food

Does your child receive benefits related free school meals? If so they are entitled to free HAF activities during the holiday season and the bookings are now live. Please see the flyer below for more information.



Community News

Old School Rooms - Car Park Closure

Please note that the car park at the Old School Rooms will be closed on Wednesday 10th December, Thursday 11th December and Thursday 18th December. This is a polite reminder from Congresbury Parish Council that the Old School Rooms car park is for the paying users of the Old School Rooms, Parish Council Staff and those visiting/volunteering at the library. It is not for use by the general public or parents dropping their children off at school.

Congresbury Brownies - Can you help?

1st Congresbury Brownies need your help!

We know everyone is busy but can you or someone you know spare the time to join our leadership team and train to become a Brownie Leader?

We do hope so!

We have a full Brownie Unit of 25 enthusiastic girls aged 7-10 years of age and a waiting list. Each term, we have an action-packed programme with something for every girl and we work to be truly girl-led in all we do.

All leadership training is given free of charge with a mentor to help as well as gaining experience at weekly Brownie meetings working with our very experienced Brownie leadership team. Brownie meetings are held during school term-time on a Wednesday evening at Congresbury Scout & Guide Hall,

There are many reasons to join Girlguiding as a leader. We offer a safe girl-only space for girls to build confidence, learn new skills, have adventures and lots of fun.

Whatever it is you are looking for, there'll be something in it for you in Girlguiding!

Please contact Brownie Leader Teresa Aldridge (aka "Tigger") for more details on 07739 178307.

Look forward to hearing from you.

School Calendar Dates

Term Dates 2025 - 2026

Term 2 - Monday 03 November 2025 to Friday 19 December

Term 3 - Monday 05 January 2026 to Friday 13 February 2026

Term 4 - Monday 23 February 2026 to Thursday 02 April 2026

Term 5 - Monday 20 April 2026 to Friday 22 May 2026

Term 6 - Monday 01 June 2026 to Wednesday 22 July 2026

INSET days 2025 – 2026

Monday 03 November 2025

Friday 16 January 2026

Friday 13 February 2026

Friday 27 March 2026

Annual Planner - Dates to Remember

Dates to Remember 2025 - 2026

School Photo Day Monday 1st December

Every Child Needs Christmas Drop off Deadline : Wednesday 3rd December

PTA Christmas Shopping: Friday 5th December

Worship for Parents Falcons: Monday 8th December @ 2:45pm

Nativity Performance to Parents: Wednesday 10th December @ PM

Nativity Performance to Parents: Thursday 11th December @ AM

Christmas Dinner and Christmas Jumper Day: 12th December

PTA Christmas Fair: Friday 12th December

National Child Measuring Programme Monday 15th December Year 6 AM

Fish N Chip Disco for Y6: TBC

Rocksteady Concert for Parents & KS2: Thursday 18th December @ 9:30am

PTA Mufti Day: Friday 19th December

KS2 Sports Festival Monday 12th January 2026 PM

Worship for Parents Owls: Monday 9th February @ 2:45pm

PTA Mufti Day: Thursday 12th February

World Book Day: Thursday 5th March

Family Breakfast: 27th February

Parents Evening: Tuesday 24th March @ 4:00-7:00pm

Parents Evening: Thursday 26th March @ 3:40-6:40pm

Worship for Parents Kingfishers: Monday 30th March @ 2:45pm

Y6 Lifeskills: Tuesday 31st March @ PM

Rocksteady Concert for Parents & KS1: Thursday 2nd April

PTA Mufti Day: Thursday 2nd April

PTA Easter Egg Hunt: Thursday 2nd April

SATs Week & SATs Breakfast: Monday 11th – Friday 15th May

Worship for Parents Kestrels: Monday 18th May @ 2:45pm

Y6 Camp: Monday 18th – Friday 22nd May

PTA Mufti Day: Friday 22nd May

Sports Day Wednesday 17th June KS2AM / KS1PM

Reserved Sports Day Wednesday 24th June KS2AM / KS1 PM

Permission to Play: Friday 3rd July

Worship for Parents Jays: Monday 6th July @ 2:45pm

Rocksteady Concert for Parents & KS2: Thursday 16th July

Y6 Leavers Service: **TBC**

PTA Mufti Day: Wednesday 22nd July

Contacts

School Facebook Page: <https://www.facebook.com/pages/category/Education-Website/St-Andrews-Primary-School-Congresbury-631401120595092/>

School Office e-mail Address: office@standrewsprimary.org.uk²

School Phone Number: 01934 832505

²<mailto:office@standrewsprimary.org.uk>